

## **NEWS RELEASE**

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## Celebrate Bike Month with Bike to Work Day and I Bike KNX Festival

Two of the most exciting Bike Month events are just around the corner.

Bike to Work Day is Friday, May 20. Stop by Market Square between 7:30-8:30 a.m. as you bike to work to grab a biscuit from Pete's and coffee donated by Trio Café. Prizes will be awarded at 8 a.m. to the best dressed bike commuters – so break out those suits and high heels! If you want some company along your route to work, bike to work convoys will head to Market Square from the east, west, north and south leaving from designated locations at 7 or 7:15 a.m.

The first I Bike KNX Festival will be held Sunday, May 22 from 2-5 p.m. in Tyson Park. The festival will offer fun for all ages and all bicyclists. Events include a Bicycle Bingo scavenger hunt, pedal-powered smoothies, track stand contest, gear swap area, booths from area bike shops and bike clubs, and much more. Kids can decorate their bicycles and/or helmets to ride in the bike parade at 4:30 p.m. The new Bicycle Ambassadors also will be on hand to answer any bicycle questions.

A complete listing of Bike Month rides, classes and events is available online at www.knoxtrans.org/bikemonth/index.htm.

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